

— September 16, 2024 —

Rochester School

#anexceptionalplacetobe



UPCOMING EVENTS

- September 20 - Terry Fox Run and Pancake Breakfast
- September 24 - Sports Day
- September 25 - Junior High Soccer Fun Day at Smith
- September 25 - Rochester School Council Meeting
- September 27 - Orange Shirt Day
- September 27 - Gymnastics option
- September 30 - National Day for Truth and Reconciliation (No School)
- October 10 - Day of Thanks
- October 10 - Picture Day
- October 11 - Gymnastics option
- October 11 - Flying High

Falling into Routine

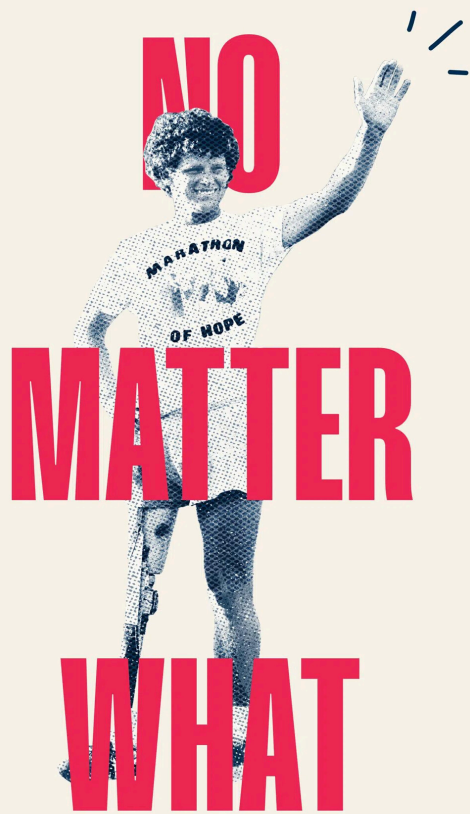
Elizabeth Siemens, Principal

As fall nears, it is common to hear parents say they look forward to “getting back into a routine”. For many, a routine helps reduce stress or anxiety because you know what is happening and when; it helps reduce chaos and uncertainty.

Classes at Rochester School have been working to develop classroom routines, such as circle or agenda time, following a weekly schedule, and providing as much notice as possible when there are changes. We also work on helping students develop perseverance and resilience when there are sudden changes or unknowns.

This year, we have provided each student with an agenda that should travel to and from school with them. It is a tool for communication between home and school and to help students learn how to organize and prepare for the future. We would appreciate your support in using this tool and prompting your child to use it and return it to their backpack daily. You are welcome to use the agenda to communicate with your child’s homeroom teacher and email or phone the school office to schedule an appointment.

We thank you for your support with this!



Terry Believed in a world
without cancer

Terry Fox School Run

Terry Fox Run and Pancake Breakfast

Community, family and friends are welcome to join Rochester School on their annual Terry Fox Run and Pancake Breakfast September 20, 2024. Breakfast will start at 8:30 AM. Donations for the breakfast will be sent to the Terry Fox Foundation which supports cancer research.

If you are interested in helping make breakfast, please contact the school office!

School Office Hours

8:00 AM - 4:00 PM

School Days

Office Phone Number

780-698-3970

School Email

rochester@asperview.org

Rochester School Council AGM

Have a voice in Rochester School

Join School Council

Stay Informed

Advocate for Students

Give Input & Support

Join us September 25th
@ 9:00am in Rochester
School for our first
meeting. An executive will
be selected.



Rochester STEAM Academy, Trimester 1

Trimester 1 of the 2024-2025 Rochester STEAM Academy is well underway! The first trimester runs from September 6 to November 8, 2024.

This trimester, students in grades 1-9 have the option of participating in gymnastics at Pine Valley Gym Centre (located in Tawatinaw) and other choices, such as Foods, Lego/Makerspace, Board Games and Strategy, Jewelry Making, and Fabric Arts.

Dates for gymnastics are September 13 and 27 and October 11 and 25.

In addition to STEAM options, students in grades 4-9 will work on a Science Fair STEAM Project over the first trimester. Students will be provided 1 hour of time each week to work on their science fair project, but are permitted to complete extra work at home.

The Science Fair presentation will happen after November break, but prior to Christmas break.



Family Breakfast

Immediate families are invited to Rochester School for a Family Breakfast on October 18, 2024. Breakfast will be served from 8:30 to 9:30 AM. Following breakfast, the school will provide some highlights from the first few weeks of school and give time to answer questions or concerns parents/guardians may have regarding transition or celebration. Prior to the event, we will send home a form where you can indicate whether you can attend and how many we will expect.

Bus Notes

Please contact the office by phone or email by 2:00 pm if your child is not taking the bus home after school.

